

SCHULICH SCHOOL OF MEDICINE & DENTISTRY

Enhanced Skills in Family Medicine Information Session

Dr. Daniel Grushka, **BSc., MSc., MD, CCFP (EM)**

Enhanced Skills Program Director

Assistant Professor

Department of Family Medicine

September 2011

Program Vision

Program Vision

- The current vision of the Enhanced Skills Program is to provide residents with additional training in specialized fields of family medicine for a duration of 6 to 12 months in length.
- The aim is to attract exceptional residents who want to be leaders in these sub-specialized fields of family medicine while still adhering to the guiding principles of family medicine.
- It is our hope that these residents will then attempt to encompass these new skills within the practice of family medicine.

Program Hierarchy

Program Hierarchy

Department of
Family Medicine

PGY-3 Enhanced
Skills Program

Anesthesia
Academic Family Medicine
Care of the Elderly
Obstetrics & Women's Health
Child Health

Emergency Medicine
Windsor Hospitalist Program
Sports and Exercise Medicine
Palliative Care
Individualized Program

Connectivity to Family Medicine

Connectivity to Family Medicine

- Direct connectivity to the department will be achieved with:
 - Orientation session
 - Bi-annual meeting with Dr. Grushka
 - To discuss progression in program
 - To discuss resident concerns
 - Family Medicine mentoring system
 - Anonymous online mentoring program

Connectivity to Family Medicine

- Social Connectivity
 - Chief resident
 - Dr. Sukhjeen Nandra
 - Roles: attending the subcommittee meetings, liaising with the other residents, helping to organize a journal club/seminars series, planning social events, acting as a resident mentor for concerns
- Invited to attend all PGY-1 & PGY-2 social events
- Invited to Family Medicine annual formal

Connectivity to Family Medicine

- Academic Connectivity
- All residents are invited to:
 - Attend Family Medicine grand rounds
 - Teach at PGY-1 & PGY-2 half days
- PGY-3 Seminar Series for Enhanced Skills Residents
 - Topics to be determined by the group in conjunction with the chief resident
 - Topics can include: critical appraisal, practice management, how to set up an office, how to incorporate, etc.
- Research Project

Research Project

- All residents must complete a scholarly project
- Presentation format is that of a poster or oral presentation at Family Medicine Research Day in June
- Some programs will require presentation at their research day and possibly a written report as well
- Topics should be based on current area of specialization in family medicine

Research Project

- The project is not meant to be an onerous activity
- All resident are eligible for funding and assistance from the Centre for Studies in Family Medicine
- Acceptable modes of research include: case reports, quality assurance analysis, clinical/scientific research, self-reflection projects, etc.
- All topics should be discussed with Dr. Grushka for final approval

Connectivity to Family Medicine

- Vacation, Conference & Funds
 - Entitlements:
 - 12 month program:
 - 20 vacation days
 - 7 conference days
 - \$600 towards courses, conferences, etc.
 - 6 month program:
 - 10 vacation days
 - 3 conference days
 - \$300 towards courses, conferences, etc.

Certification

Certification

- All residents who successfully complete the program will receive:
 - UWO certificate
 - CFPC certificate in Enhanced Skills (Category 1 programs)
 - Certificate of Special Competence in Emergency Medicine
 - Residents in ER program who successfully complete program and pass national examination
- Exams for certification:
 - Sports & Exercise Medicine (conducted through CASM)
 - Anesthesia (conducted through UWO)
 - Emergency Medicine (conducted through CFPC)
- Thesis / Major Essay required:
 - Academic Family Medicine

Contacts & Website

Contacts

- Enhanced Skills
 - Program Director: Dr. Daniel Grushka
 - Program Administrator: Ms. Lin Hill
 - Email: dgrushk@uwo.ca / Lin.Hill@schulich.uwo.ca
- Emergency Medicine
 - Program Director: Dr. Christine Richardson
 - Program Administrator: Ms. Susan Pierson
 - Email: cricha27@uwo.ca / susan.pierson@lhsc.on.ca

Website

- Our website is updated periodically with news and information regarding our programs
- <http://www.familymedicineuwo.ca/PGY3programs.aspx>

Application Process & Deadlines

Application Process

- Application form online at:
<http://new.familymedicineuwo.ca/ApplicationPostgrad.aspx>
- Eligibility
 - Successful completion of a Family Medicine Resident Training Program in Canada
 - ***As per the Postgraduate Education Office, IMG's who entered the postgraduate system through CaRMS in Ontario are eligible to be considered for Family Medicine PGY3 MOHLTC funded positions. IMG's from other provinces are eligible but would have to complete a ROS in Ontario prior to ROS in their original province of study.***
 - Must hold CPSO, CMPA
 - Must pass prior to entering program:
 - LMCC I & LMCC II
 - CFPC Family Medicine Examination (if applying as a PGY2, indicate when you are writing the exam)

Application Process

- Required documentation:
 - Application form
 - 3 reference letters
 - Letter of intent
- For residents applying to ER program, the application is through CaRMS
- Documents required at CaRMS:
 - CaRMS application
 - Personal letter
 - 3 letters of reference with form
 - Letter of reference from family medicine program director

Application

The Department of Family Medicine, Schulich School of Medicine and Dentistry
2nd Floor - Clinical Skills Building, The University of Western Ontario
London, Ontario N6A 5C1

PGY3 APPLICATION FOR POSTGRADUATE MEDICAL TRAINING

Given Name Surname Current Date

PRESENT ADDRESS:

Apt. # Street City/Province Postal Code

Tel: Area Code Phone # Fax: Area Code Fax # E-mail Address

PERMANENT ADDRESS:

Apt. # Street City/Province Postal Code

Tel: Area Code Phone # Fax: Area Code Fax # E-mail Address

I hereby apply for a position in the 1 Yr Program of

I hereby apply for a position in the 6 Mth Program of

If Individualized was selected above, what is your focus?

Please indicate training source if other than the Ontario Ministry of Health

PRE-MEDICAL EDUCATION:

University

Dates of Attendance

Program

Degree Awarded

MEDICAL EDUCATION:

University

Medical School

Dates of Attendance

Degree Awarded

Application

U.W.O. Application for postgraduate Medical Training - Page 2

SURNAME

POSTGRADUATE TRAINING (Internships, Residencies, etc.)

Please list all postgraduate training appointments **only** in chronological order from date of graduation.

Period - mm/yy	Position	Program	University	Program Director
INTERNSHIP				
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
RESIDENCY/FELLOWSHIP				
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

1. List Teaching and Research positions you have held since graduation

2. Do you hold an Ontario Independent Licence to practice medicine? Licence #

3. Do you hold a valid Ontario Educational Licence to practice Medicine? Licence #

Canadian Medical Protective Association (CMPA) #

4. Which of the following examinations or qualifications have you passed? (Please provide proof of results)

a) Medical Council of Canada Qualifying Examination (MCCQE)

i) Part I Date Score

ii) Part II Date Score

b) Medical Council of Canada Evaluating Examination (MCCEE) Date Score

5. Previous College Certification and/or Board Examinations

Certifying Body	Specialty	Country	Year (mm/dd/yyyy)
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

6. Are you legally entitled to work in Canada?

7. If the language of instruction at your medical school was other than English or French, you must submit results of TOEFL & TSE with your application.

Application

U.W.O. Application for postgraduate Medical Training - Page 3

SURNAME

8. List certificates, awards, scholarships, memberships, etc. and the year in which they were obtained.

9. List Language(s) spoken fluently: English French Others

10. **ATTACHMENTS - please provide the following:**

- 1) A personal letter (maximum 2 pages double-spaced), addressing the following:
 - Why did you choose this particular program?
 - What are your expectations of our program?
 - What are your objectives for the year and how the year of training will fit into your future practice plans?
 - At this point in time, what are your future career plans?
 - Considering your future plans, what aspects of our program do you think will be particularly helpful to you?
- ii) Curriculum Vitae
- iii) Evaluations of all your residency rotations (if you are currently a resident)
- iv) Medical School Transcripts
- v) For graduates from other than Canadian or U.S. Medical Schools, medical school diploma
- vi) Disclosure of any interruption in medical school training and/or internship/residency training and outlining reasons for interruption. (Examples of such interruption include compassionate leaves, sick leaves, etc.)

11. REFEREES: Three letters of reference are required from teachers who have had a meaningful responsibility for your MOST RECENT medical education. In other words, current residents MUST get reference letters from preceptors during residency training; although we accept reference letters used for residency application, they do not constitute the 3 required reference letters. Applications will not be considered until these letters of reference, which must be mailed directly and independently by the referee, have been received. Please list name, title, address, telephone number, fax number, and E-mail address.

1.

2.

3.

12. **IMG APPLICANTS:**

If you have had an IMGO assessment or if you have been assessed by another provincial program, please provide the assessment sheet. Please provide reference letters that are preferably current and from someone who knows your clinical work.

13. I certify that the above answers are accurate and complete.

Date

Additional Comments

2011-2012 Deadlines for Ontario Enhanced Skills Programs

- October 14th – Deadline for application to PGY-3 programs (except ER)
- October 24th to November 25th – Interview period
- December 20th – Offers of acceptance will be emailed/mailed to successful applicants
- January 4th 2012 – Last day for successful applicants to respond

2011-2012 Deadlines for ER program

- See CaRMS website for full details:
 - http://www.carms.ca/eng/r3_timetable_e.shtml
- October 4th – Deadline for application to program
- October 21st – Interview invitations sent
- November 8th to December 2nd – National Interview period
- December 12th – Rank order list deadline
- December 20th – Match Day

Programs

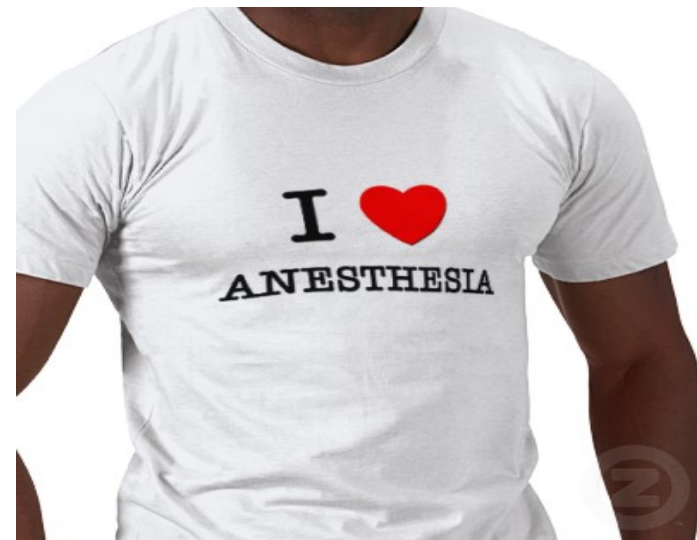
- Anesthesia
- Academic Family Medicine
- Care of the Elderly
- Windsor Hospitalist Program
- Sports & Exercise Medicine
- Emergency Medicine
- Obstetrics
- Women's Health & Obstetrics
- Individualized Program
- Child Health
- Palliative Care

Anesthesia



Anesthesia

- Program Coordinator
 - Dr. Jeff Granton
 - jeff.granton@lhsc.on.ca
- Number of residents
 - 1-2 residents/year
- Current Residents
 - Dr. Rod Cheung
 - Dr. Sukhjeen Nandra
 - Dr. Mellissa Brockerville



Anesthesia

- Program Overview
 - The terminal objective for the program is to train practitioners to the level where they will be effective and safe practitioners of anesthesia in the small hospital setting
- Rotations
 - SJHC
 - LHSC
 - STEGH
- Electives
 - One to two block rotation in ICU

Anesthesia

- Academic Sessions
 - CCFP and FRCP residents
 - Introduction to anesthesia course
 - Academic half day series
 - Visiting professor series
 - Evidence based journal club
- Exam
 - Terminal exam at the end of the PGY-3 year through the department of Anesthesia

Academic Family Medicine



Academic Family Medicine

- Program Coordinator
 - Dr. Darren Van Dam
 - dvandam@uwo.ca
- Number of residents
 - 1-2 residents/year
- Current residents
 - Dr. Vishal Bhella
 - Dr. Divya Garg

Academic Family Medicine

- Joint program between the departments of Family Medicine and Graduate Studies
- Goal of the program is to train academic clinicians with an interest in teaching and research
- Two tracts
 - Thesis & course work
 - Non thesis/major essay & course work

Academic Family Medicine

Jul	Aug	Sept	Oct	Nov	Dec
		Grand Rounds	Grand Rounds	Grand Rounds	Grand Rounds
CTU Rural	CTU Urban	M.Cl.Sc. 2 week on site	M.Cl.Sc. Course work	M.Cl.Sc. Course work	
		CTU ½ day/wk	CTU ½ day/wk	CTU ½ day/wk	CTU ½ day/wk
			Committee ½ day x 2	Committee ½ day x 2	Committee ½ day x 2
Call 1 w/e in 6	Call 1 w/e in 6	Call 1 w/e in 6	Call 1 w/e in 6	Call 1 w/e in 6	Call 1 w/e in 6

Academic Family Medicine

Jan	Feb	Mar	Apr	May	Jun
Grand Rounds	Grand Rounds	Grand Rounds	Grand Rounds	Grand Rounds	Grand Rounds
M.Cl.Sc. Course work	M.Cl.Sc. Course work	M.Cl.Sc. Course work	M.Cl.Sc. Course work	M.Cl.Sc. Course work	CTU ½ day/wk
Clinical practicum ½ day/wk	Clinical practicum ½ day/wk	Clinical practicum ½ day/wk	Clinical practicum ½ day/wk	Research & Essay	
Committee ½ day x 2	Committee ½ day x 2	Committee ½ day x 2	Committee ½ day x 2	Committee ½ day x 2	Committee ½ day x 2
Call 1 w/e in 6	Call 1 w/e in 6	Call 1 w/e in 6	Call 1 w/e in 6	Call 1 w/e in 6	Call 1 w/e in 6

Academic Family Medicine

- Courses

- Teaching and Learning in Family Medicine 1.0
- Research Methods in Family Medicine 1.0
- Advanced Patient-Centred Medicine 1.0
- Theoretical Foundations of Family Medicine 0.5

- Elective (0.5 credit if choosing non-thesis option)

- Clinical Teaching Practicum 0.5
- Management of Organization 0.5
- Canada's Health System: Current Policy Issues 0.5
- Other (Master's level courses by permission only) 0.5

Academic Family Medicine

- Conferences & Meetings
 - CFPC
 - Trilium
 - NAPCRG (North American Primary Care Research Group)
 - Resident research day
- Departmental Activities
 - Grand Rounds
 - Faculty Development
 - Major Departmental Committee
 - Post Graduate
 - Under Graduate
 - Records & Quality of Care
 - Research
 - Graduate Studies

Care of the Elderly



Care of the Elderly

- Program Coordinator
 - Dr. John Feightner
 - john.feightner@sjhc.london.on.ca
- Number of residents
 - 1-2 residents/year
- Current residents
 - Dr. Krishanthy Shu

Care of the Elderly

- This 12 month program offers a rich and exciting opportunity to further enhance your skills in caring for older adults.
- There is a strong commitment to teaching and learning tailored to individual needs.

Care of the Elderly

- The program includes a combination of block rotations with selected horizontal continuing clinical experiences. Experience in the following clinical settings is usually provided in block rotations:
 - Acute Care Ward Consultation
 - Geriatric Rehabilitation Unit
 - Outreach
 - Geriatric Psychiatry
 - Geriatrics and Family Medicine
 - Electives
 - Ambulatory clinics

Care of the Elderly

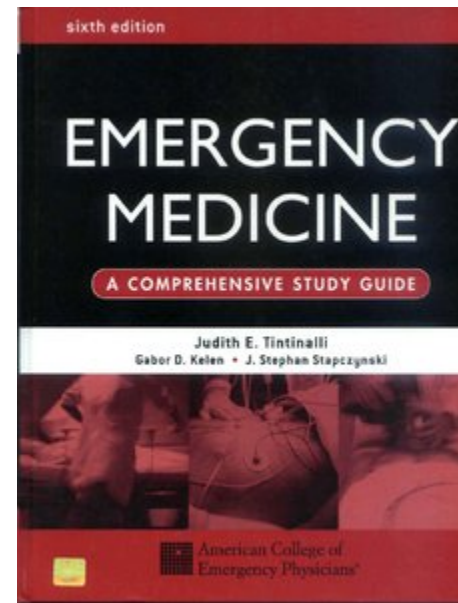
- Other academic activities:
 - Seminars
 - Resident project
 - Rounds
 - Developing teaching skills
 - Experience in program planning, development, and administration
 - Selected enrichment experiences

Emergency Medicine



Emergency Medicine

- Program Director (Urban & Rural Streams)
 - Dr. Christine Richardson
 - cricha27@uwo.ca
- Number of residents
 - 8 residents/year
 - Possibly 2 ROS residents/year for the next 4 years (MOHLTC Program)
- Current Residents
 - Dr. Heather Baerg
 - Dr. Annie Keeler
 - Dr. Rachel Gagnier
 - Dr. Victor Ng
 - Dr. Monica Sharma
 - Dr. Sophia Bianchi
 - Dr. Ahmed Mian



Emergency Medicine

- The year is divided into 13 four week blocks:
 - **Adult Emergency**
 - Urban Stream– Three 4 week blocks at LSHC
 - Rural/Regional Stream– One 4 week block at LHSC
 - **Community Based Adult Emergency (SWOMEN locations)**
 - Urban Stream – One 4 week block at a regional hospital
 - Rural/Regional Stream –Three 4 week blocks at a regional hospital
 - SWOMEN Sites: Goderich, Chatam, Strathroy, Leamington, Owen Sound, Sarnia, St. Thomas, Stratford, Windsor
 - **Pediatric Emergency** – one 4 week block
 - **Pediatric ICU or a second month of Pediatric Emergency** – one 4 week block
 - **Plastics/HULC** – one 4 week block
 - **CCTC** – two 4 week blocks
 - **CCU** – one 4 week block
 - **Ortho Hybrid** – one 4 week block
 - **Anaesthesia (Optional)** – one 4 week block
 - **Elective** – one 4 week block

Emergency Medicine

- Academic activities
 - ED-US course
 - Core content seminar series
 - Tintinalli seminar series
 - Exam preparation sessions
 - Research project
- Exam
 - National exam administered by the CFPC
 - SAMP & SOO format
 - Exam is written in September of each year and required to pass in order to use CCFP(EM) title

Windsor Hospitalist Program



Windsor Hospitalist Program

- Program Coordinators
 - Dr. Marguerite Chevalier
 - mcheval@bellnet.ca
 - Dr. Osmain Tarabain
 - otarabain@cogeco.ca
- Number of residents
 - 1 resident/year
- Current residents
 - none

Windsor Hospitalist Program

- The training would take place at the Hotel Dieu Grace Hospital and Windsor Regional Hospital and is proposed as follows:
 - 3 months CTU at Hotel Dieu Hospital
 - 2 months hospitalist Windsor Regional Hospital
 - 2 months hospitalist Hotel Dieu Hospital
 - 1 month ICU with rapid response team at Hotel Dieu
 - 1 month RCU/ICU at Windsor Regional Hospital
 - 2 week elective infectious disease
 - 10 weeks to be divided up as electives of at least two week blocks chosen from the following area of specialty cardiology, nephrology, neurology, endocrinology, GI, Oncology, palliative-inpatient care, radiology, neonatal ICU, chronic care

Windsor Hospitalist Program

- **Responsibilities of the PGY3**

- Patient care on which every service they are scheduled, including admissions, discharges and daily rounds.
- Participation in either a utilization committee at Windsor Regional Hospital or quality improvement committee.
- Participation in family medicine rounds and Grand Rounds at Windsor Regional Hospital.
- Fellowship project focusing on patient care, leadership, quality or safety improvements, or efficiency/utilization improvements.
- On Call – combination of in-house and home call
- Teaching of junior residents and medical students

Sports & Exercise Medicine



Sports & Exercise Medicine

- Program Director
 - Dr. Lisa Fischer
 - lfischer@uwo.ca
- Number of residents
 - 1-2 residents/year
- Current residents
 - Dr. Ravjit Ahluwalia

Sports & Exercise Medicine

- The goal of this educational year is to develop the necessary abilities to become a competent sport medicine physician with a comprehensive skill set to feel competent in providing MSK and non-MSK medical care as it relates to sport and exercise medicine.
- To become a knowledgeable resource for consultation in their community offering:
 - Leadership for the medical coverage of teams
 - Leadership for the medical coverage of teams community sport events
 - Promotion of healthy living strategies as they related to participation not only sport but also in activities of daily living for a healthy lifestyle.

Sports & Exercise Medicine

- The Resident will spend time at:
 - FKSMC in direct patient care
 - Fanshawe Clinic providing general medical care in a student health setting.
 - With Orthopaedic Surgeons and other designated Specialists as well as allied Health Professionals including physiotherapists, podiatrists, and bracing specialists at FKSMC.
- Other activities include:
 - Varsity athletics and participate in community event coverage.
 - Teaching of family medicine residents and Kinesiology MSc. Students
 - Research opportunities in the form of projects or pursuing a Master's degree

Sport & Exercise Medicine

- After successful completion of the training program the resident is eligible to sit the National Certification examination which is organized by the Canadian Association of Sports Medicine (CASM)

Obstetrics & Women's Health



Obstetrics & Women's Health

- **Program Director**
 - Dr. Daniel Grushka
 - Dr. Connie Nassello (OB) – Chatham
 - Dr. Emma Wakim (OB) – Kitchener
- **Number of residents**
 - 1-3 residents/year
- **Current residents**
 - Dr. Joanna Tang (OB)
 - Dr. Leah Mawhinney (OB)
 - Dr. Stephanie Cairns (Women's Health and OB)

Obstetrics & Women's Health

- **Goal is to offer residents a chance to increase their knowledge, experience and procedural base in Women's Health**
- **Two tracts to this new program:**
 - **Obstetrics**
 - 6 block program in Obstetrics
 - Located in Chatham & Kitchener
 - **Obstetrics & Women's Health**
 - 6 block program in Obstetrics
 - 7 block program in Women's Health based out of London

Women's Health Electives

Primary Care Women's Health

- Women's Health Clinic at Victoria Hospital
- Family Practice with strong OB and Women's Health
- Diabetes Family Planning Clinic at MLHU

Psychiatry

- Eating Disorders clinic
- PTSD Clinic
- First Episode Mood Disorder
- Post Partum Mood Disorder Clinic

Community Based Women's Health

- Violence and Sexual Assault Team

Women's Health Electives

Medicine Based Women's Health

- Sexually Transmitted Infection Clinic
- Genetics Clinic
- Endocrinology Clinic

Surgical Based Women's Health

- Breast Clinic
- Gynecology
- Urogynecology Clinic
- Fertility Clinic
- Gynecology Clinic

Child Health



Child Health

- Program Director
 - Dr. Fahamia Koudra
 - jfkoudra@hotmail.com
- Number of residents
 - 1 resident/year
- Current residents
 - none

Child Health

- Pediatrics represents 25% of patient visits to clinic and to community ERs in Canada.
- In response to a need for better understanding of the pathophysiology, diagnosis and management of primary care pediatrics by family physicians, The Child Health Program was originally developed to allow residents to expand their knowledge in the field of pediatrics.
- The program is located in London and various sites in the SWOMEN network.

Child Health

- **Rotations**

• Rural general paediatrics	2 blocks	Sarnia & other sites
• Tertiary inpatient paediatrics	1 block	London
• Emergency & Airway	2 blocks	London
• Child Psychiatry	1 block	Sarnia or London
• Ortho & Sports Medicine	1 block	London
• Outpatient Clinics	1 block	London & regional sites
• Paediatric Critical Care	1 block	London
• Developmental Paediatrics	1 block	London and regional sites
• Electives	2 blocks	Varied sites

Palliative Care



Palliative Care

- Program Director
 - Dr. Anita Singh (LHSC)
 - anita.singh@lhsc.on.ca
 - Dr. Gord Giddings (Windsor)
 - gogidd@gmail.com
- Number of residents
 - 1-2 residents/year
- Current residents
 - none

Palliative Care

- **Currently under development**
 - Based mainly out of Windsor with some rotations at LHSC and Sarnia.
 - Applications will be accepted as the program will be up and running by July 2012 due to a MOHLTC educational initiative.

Palliative Care

- **Proposed rotations**

- Palliative Care Unit & Residential Hospice

- 2 blocks / Sarnia

- Palliative Care Consult Service

- 4 blocks split between Windsor Regional Hospital & LHSC

- Homecare & PCU/Residential Hospice

- 2 blocks in Windsor & region

- Oncology

- 1 block Med-Onc & 1 block Rad-Onc at WRH

Palliative Care

- **Proposed rotations**
 - Electives
 - 2 blocks
 - Horizontal experience during the year
 - Psychosocial oncology at LRCP when in London
 - Pain clinic at LRCP when in London
 - Foundations of palliative care online course

Individualized Program



Individualized Program

- Program Coordinator
 - Dr. Daniel Grushka
 - dgrushk@uwo.ca
- Number of residents
 - 1-3 residents/year
 - 6-12 months programs available
 - Preference given to established programs over individualized program, with the exception of a well thought out program with objectives and a clinical supervisor.
- Current residents
 - Dr. Erin Reich (6 month program in Child Health)

Individualized Program

- The purpose of the individualized program is to allow the resident to set up an educational experience in a field of or related to family medicine that he/she is interested in acquiring more knowledge and skills in.
- It is the resident's responsibility to set up a rotation schedule (with assistance from the department of Family Medicine) and assure they have the approval of their future supervisors.

Thank you for your attention!

Any questions?